



thank **GOD** for sex

Digging Deeper Study Guide

For Small Groups or Personal Bible Study

THANK GOD FOR SEX WEEK 3

Feb. 9 & 10, 2008

Small Group Icebreaker

1. When it comes to your personality, are you more quiet and reserved or a open book/center of the action type?

Opening Prayer

Discussion Questions

2. Pastor Mike and his wife Carmen talked candidly this weekend about sex and the Christian life. At the outset they talked about establishing boundaries. Discuss the influence the following have had on your boundaries:

- Society/Culture
- Your Upbringing/Family
- Friends
- Your relationship with Christ
- Church

3. Carmen spoke about how sex can be safe and satisfying and gave us a few admonitions. Which ones are challenging for you? Which come easily?

Be Smart Be sensual Be confident Be respectful

4. Pastor Mike talked about the fact that sexuality can be-

EastLakeNotes

EastLake Church

“EastLake Church exists to help people find and follow Jesus Christ.”

come distorted through pornography, homosexuality and sex outside of marriage. Why do you think God gave specific guidelines in Scripture when it comes to the do's and don'ts for our sexuality?

5. What if we don't necessarily like what the Bible says? Do you ever wish you had the option to cut out the parts you disagree with or don't like?
7. Here's why we can trust God's Word... even in the instances we may not like what it says or understand why God gives us that direction. Read the following:

¹⁵ You have been taught the holy Scriptures from childhood, and they have given you the wisdom to receive the salvation that comes by trusting in Christ Jesus. ¹⁶ All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. ¹⁷ God uses it to prepare and equip his people to do every good work. 2 Timothy 3: 15-17 NLT

¹² For the word of God is alive and powerful. It is sharper than the sharpest two-edged sword, cutting between soul and spirit, between joint and marrow. It exposes our innermost thoughts and desires. Hebrews 4:12 NLT

Action Step

1. We released the “balloons” symbolizing our past sin and failure at the end of services. Reaffirm God's forgiveness in your life... and don't try to grab a hold of those balloons again!

Closing Prayer