



Digging Deeper Study Guide

For Small Groups or Personal Bible Study

WEEK TWO: CHANGE

November 17 & 18, 2007

Small Group Icebreaker

1. This week's topic is "change." How easy is change for you? What's the best change you've experienced?

Opening Prayer

Discussion Questions

2. Pastor Mike's first point was **Come as you are but don't stay that way!** How has your life changed since you encountered Jesus? What part has your church family or Christian friends played in that?
3. The next was **You don't drift into spiritual maturity.** What kinds of things do you do regularly to be active and intentional about growing in your faith and walk with the Lord? What helps keep your faith "fresh"?
4. And the next point: **Only God can cause someone to change and grow.** What ways do you see the people around us—or even ourselves sometimes—try to make important changes *other* than by the power of God? What often is the result?

EastLakeNotes

EastLake Church

"EastLake Church exists to help people find and follow Jesus Christ."

5. Take a minute to rate yourself on each of the "fruits" from Galatians 5:22, 23 (below). On a scale from 1 (it's not much of a crop) to 5 (so much fruit it's fallin' off the tree!) how are you doing?

²²But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, ²³gentleness and self-control.

Galatians 5:22, 23

Love	1	2	3	4	5
Joy	1	2	3	4	5
Peace	1	2	3	4	5
Patience	1	2	3	4	5
Kindness	1	2	3	4	5
Goodness	1	2	3	4	5
Faithfulness	1	2	3	4	5
Gentleness	1	2	3	4	5
Self-Control	1	2	3	4	5

6. Who in your life is it easiest for you to be "fruitful" toward? Who challenges you?

Action Item

²⁴Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize. ²⁵Everyone who competes in the games goes into strict training. They do it to get a crown that will not last; but we do it to get a crown that will last forever.

I Corinthians 9: 24, 25

7. What step do you need to take in your spiritual fitness plan to be sure you are running to win and are fit for the crown mentioned here in I Cor. 9:24, 25?

Closing Prayer